PRAYER MINISTRY

Tool # 5

PRAYER TRIPLET

CALLED TO BE A FELLOWSHIP – TO WORK IN PARTNERSHIP WITH (KOINONIA)

A "*Prayer Triplet*" is a tool toward our calling.
(*3 people meeting for prayer on a regular basis****)***

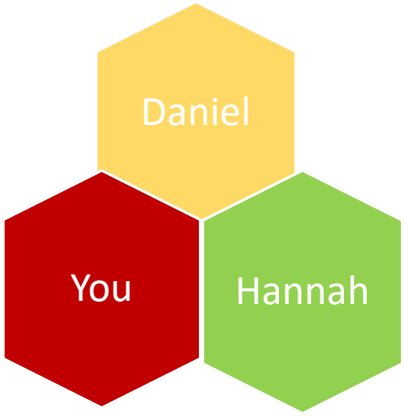
"For where two or three are gathered together in My name, I am there in the midst of them." *[Matthew 18:20]*

The ***"Prayer Triplet"*** concept has great possibilities for fulfilling the vision of advancing God's Kingdom in the health field through prayer, evangelism, and discipleship. It has been particularly effective in places where there are a few believers in Jesus in a healthcare facility; and where believers are working different shifts and have difficulty finding the right time to meet regularly.

HOW TO create a *"Prayer Triplet"*?

- ✓ If you are alone at your workplace, pray to find at least one other brother or sister in the Lord. It is a biblical/godly principle to send 2 by 2. So, there is probably another believer close by! 😉
- ✓ Pray for your "Daniel" and "Hannah," two believers you have heard about or that you expect to hear about.

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- ✓ Contact your "Daniel" or your "Hannah" as soon as possible to get to know him or her the best you can. Be patient and remember ***SMALL – SLOW – SIM*PLE.** It takes time to build relationships. ***Search*** *for contact –* ***Sip*** *a cup of coffee together –* ***Share*** *about yourself/your vision -* ***Stay*** *in touch!*
- ✓ Make plans to meet regularly at a fixed place and time. Outside is a good place to meet or inside your workplace (in an office, corridor…) if weather conditions do not permit or if you want more privacy.
  Remark: Security cameras might bring a security guard to come and ask what you are doing. "Praying" is a good answer!
- ✓ Start praying together to find another disciple of Jesus at your workplace.
- ✓ Then form a group of 3 with your 2 "friends."

AS A GROUP, commit yourselves:

- ✓ to pray for one another's needs
- ✓ to encourage one another in your spiritual growth
- ✓ to pray for the Lord to give each one of you the names of three people to pray for who are not yet believers, (e.g. fellow employees)
- ✓ to pray for and encourage one another in your relationships with the three people each of you is praying for.
- ✓ to pray for these nine persons. You will be praying for their known needs (health, finances, family relationship, exams…) and especially for their salvation.
- ✓ to pray for the manifestation of the Kingdom of God at your workplace: justice, compassion, healing, deliverance, forgiveness, truth, integrity revealed through you...



- ✓ to pray for spiritual awakening in your workplace, and especially in your area of influence in the health field (your clinic, your ward, your sphere of professional influence...)

A *"Prayer Triplet"* is born!

START SMALL – SLOW - SIMPLE

EFFECT OF FORMING A *"Triplet"*:

The *"Prayer Triplet"* can potentially be a base from which those you have prayed for can be discipled. As the Lord answers your prayers for the salvation of those for whom you are praying, they can join your group for follow-up and nurturing in prayer. It will also build your relationship with the Lord and with one another.

Eventually as the people you are praying for receive Jesus as their Savior, or as you discover more believers in your workplace, you can split up and form new groups, always keeping at least one spiritually mature member as part of each new triplet.

As you meet as *"Prayer Triplet,"* you will be influencing your workplace as you enter the battle over the healthcare fields of your country (and the world). The battle is intense. We meet giants and many false gods that have taken hold, invited by the hospital management, the medical fund, insurances and sometimes even colleagues at work.

To be victorious in the battle we need to pray in **A "CALEB SPIRIT"** *(Numbers 13:30).*

Facing these giants, we can have different attitudes:

- It is not our problem.
- The enemy we are facing is too much of a giant to even think that we can do anything – it is too late!
- The people who work in our wards are strong. Our departments are very large, and we clearly see giants, the descendants of Anak, there!
- The Amalekites, our archenemies, dwell there and are so evil!

Or we can have a "Caleb" attitude!

. Let us go up at once,
. Let us take possession,
. We are well able to overcome the enemy.



. If the land we pass through to spy out is an exceedingly good land and if the Lord delights in us, then HE will bring us into this land and give it to us!
. Do not fear the people of your hospital (the Lord is on our side because of the work of Jesus on the cross).
. Do not fear the enemy!

- "Therefore, submit to God.
- Resist the devil and
- he will flee from you" *(James 4:7).*

Some practical points:

- The other members of your group can be from different departments of your healthcare facility. If you get to the place where there are a lot of ***"Triplets,"*** plan for one ***"Triplet"*** per floor or go to the **"Give me 5"** program! *(Contact your HCF Local Connector and ask about it.)*
- The group <u>should meet regularly</u> (e.g. weekly or every two weeks), even if it is only for ten minutes. This could be during your break times, a half hour before or after duty, or at a specially arranged time that is suitable for all when you are all off duty. It is important to pray at your workplace.
- You may not be able to pray for each of the nine people in ten minutes, but you could try to meet more frequently and pray for various people in turn.
- Between times that you meet, continue to pray daily for one another and for the three people whose names you yourself have brought. Be sensitive to opportunities for witnessing love, interest, concern to your three people. If you are praying for a specific matter that you are aware of (sickness of a family member, a son in the army…) prayerfully catch opportunities to ask how these persons are doing. If the person is surprised that you remember, you can share openly that you are regularly praying since you heard about his/her situation. (***Faith Flag*** = *see IHS Global Saline course*)
- Confidentiality is especially important. Anything that is shared within the group about one another, or the nine people you are praying for, should remain within the group and not be told carelessly to other people. This is essential in establishing trust among each other, and with the people you are praying for. Do not allow these strategic prayer meetings to disintegrate into sessions for gathering information for gossip, which will eventually destroy your group. If you are praying for a subject that relates to a person who is in your close working environment, keep confidentiality. Don't ask this person how he or she is doing,



telling him/her that you heard of his/her problem at your little prayer group and that you are praying for him!

Practical Application:

Pray > Plan > Prepare

A. Ask the Lord to give you the names of:

a. two other believers with whom you could develop a Prayer Triplet.

Write their names.

1._____

2._____

b. three not-yet believers you could pray for in a *"Prayer Triplet"*

1._____

2._____

3._____

B. Share the *"Prayer Triplet"* method with the believers you have written down at the earliest opportunity and ask them to pray concerning their possible involvement.

Name and date of those who agreed to join you:

1. _____

2. _____

C. After you have filled in the above, make definite plans as to when you will begin to implement this method,

1. Meeting place: _____
2. Meeting Day: _____
3. Meeting Time: _____